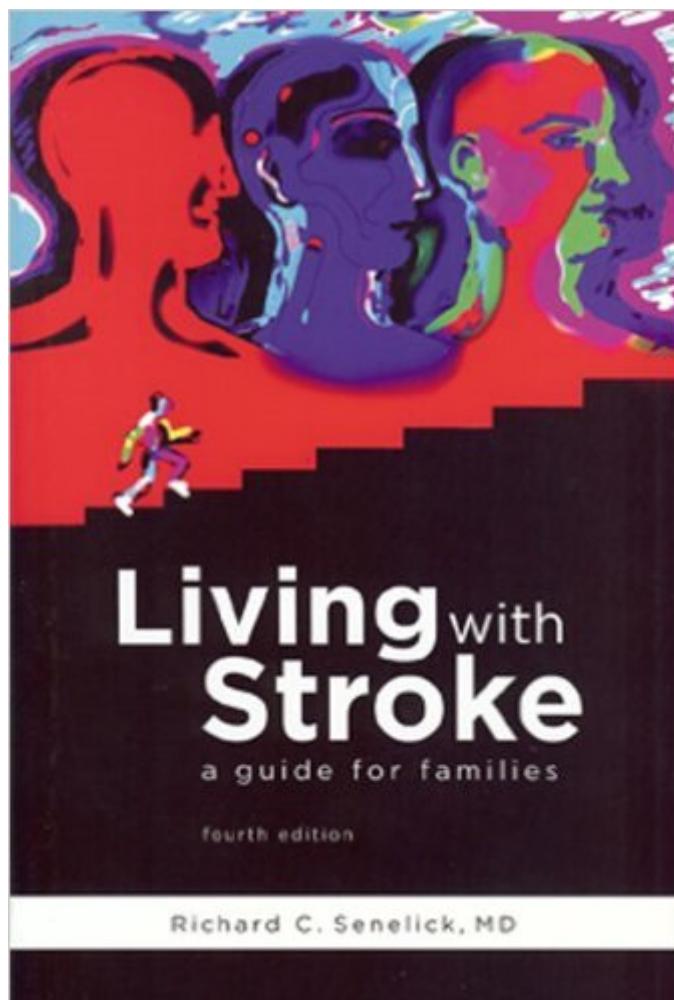


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# Living With Stroke: A Guide For Families



## **Synopsis**

You never think it will happen to you or someone you love. We all know people who have heart disease or cancer, but we think that a stroke happens to other people, not us. Most people are unaware that it is the leading cause of disability in adults and the third leading cause of death. However, when stroke happens to family members, loved ones, and friends we are suddenly in need of information. Stroke doesn't just affect an individual. It impacts everyone who has a relationship with the person who has had the stroke. HealthSouth has long known this encompassing impact of stroke -- its pain, its emotional damage, its debilitating after-effects -- not only on its survivors, but the loved ones in its wake. No one knows more than when stroke strikes, you need information, support, and advice fast. In this newest 4th edition of *Living with Stroke: A Guide for Families*, you will find the latest up to date information on stroke. Here, stroke patients and their families, friends, and caregivers can find the newest facts and figures on the cutting edge theories of neural plasticity and how the brain repairs itself. Here, too, in clear, easy-to-understand language is the entire process of rehabilitation - as well as the mechanisms that can create a stroke. You will learn why the correct type of rehabilitation is essential and most importantly, how to pick a rehabilitation facility for yourself or your loved one. It may be one of the most important decisions you will make and this book gives you the tools to make an informed decision.

## **Book Information**

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## **Customer Reviews**

Make sure to get the newer (2001) version of this text. will be more than happy to send you a "new"

earlier edition (1999) if you aren't careful. Unfortunately, the 1999 cover of "Living with Stroke" is of very low contrast, and thus difficult to read. So, older folks or people with low vision may be a bit put off by the cover. (But don't let this scare you away. The text within is large and readable.) The newer version may very well contain more up-to-date info. In response to a family emergency, I ordered four books on stroke recovery. Two had been recommended to me as being helpful for lay people: (1) "Living With Stroke: A Guide For Families" (Senelick, Rossi & Dougherty, 1999) and (2) "Stroke and the Family: A New Guide" (Stein, 2004). I ordered these for my family members (and myself). Two more were written at a much more scholarly, technical level for clinicians: (3) "Recovery after Stroke" (Barnes, Dobkin, & Bogousslavsky, Eds, 2005), and (4) "Stroke Rehabilitation: A Function-Based Approach" (Gillen & Burkhardt, Eds, 2004). Each of these books has much to recommend it. I hope to write reviews of all four later. I can see why the first two are standouts, and have been helpful to so many people. They are well-written, concise books with plenty of important information. They will help you quickly become an educated consumer of medical care. (They won't always familiarize you with medical controversies and choices, but they do a remarkable job of capturing the key issues. Controversies include the use of anti-seizure meds, and the use of statins for cholesterol reduction, especially in women.). This book describes the various physical manifestation of stroke (e.g., left vs right hemisphere), types of stroke (e.g.

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Recovery, and Prevention Program 120 Female Handbook A: Guide to Prevent Heart Attack, Stroke, Cancer, Ovarian Cancer, Lung Cancer, Diabetes, Dementia, Colon Cancer, Pneumonia, ... Medicine Patient Handbooks for Females) Program 120 Male Handbook A: Guide to Prevent Heart Attack, Stroke, Cancer, Prostate Cancer, Colon Cancer, Lung Cancer, Diabetes, Osteoporosis, Dementia, ... Medicine Patient Handbook for Males) The Family Guide to Surviving Stroke and Communication Disorders Stroke/Head Injury: A Guide to Functional Outcomes in Physical Therapy Management (Rehabilitation Institute of Chicago Procedure Manual) Fast Facts for Stroke Care Nursing: An Expert Guide in a Nutshell (Fast Facts (Springer)) Living a Jewish Life, Updated and Revised Edition: Jewish Traditions, Customs, and Values for Today's Families Handbook to the Orders and Families of Living Mammals DASH Diet Recipes: 50 Heart Healthy 30 MINUTE Low Fat, Low Sodium, Low Cholesterol DASH Diet Recipes to Help You Lose Weight Fast and Prevent Heart Disease, Stroke, Diabetes and Cancer

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